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Introduction

This document contains a list of all ‘tutor delivered’ courses and qualifications. By tutor delivered we mean these courses are available for face to face, site based and distance learning delivery by trainer.

Aintree Training Certificated courses are available at Introduction (1.5 hour), Awareness (3 hour) and Practice (6 hour) Levels unless otherwise specified below, on our website or in a service specification provided by us. Learning Outcomes increase for each course based on the training hours sourced. Please contact us about your chosen course for more information.

Our externally accredited courses (VTQ’s and RQF) are externally standardised and accredited by ProTrainings.uk. This is an Awarding Organisation Regulated by Ofqual. They are ‘Vocationally Related Training Qualifications’ or (VTQ’s). Each VTQ & RQF course adheres to a written qualification specification & specified learning time.

Please check out Aintree Training’s Website at www.aintreetraining.co.uk for more information about the services that are available, including costs, course training times and maximum attendees.

Courses Delivered and Certificated by Aintree Training:

Our Most Popular Tutor Delivered Training Courses

- Awareness of mental health, dementia and learning disabilities
- All Safe Health and Safety Training (1 day including introduction to Risk Assessment, Fire Awareness, Infection Prevention & Control and Manual Handling of Objects training)
- Basic Life Support and Automated External Defibrillator Use (*half day*)
- Dementia Training
- Duty of Care Training
- Emergency First Aid at Work (1 day)
- Epilepsy and Buccal Midazolam Administration (1 day)
- Moving and Handling of Objects and People for dual care (1 day)
- Positive Behaviour Support Awareness
- Positive Behaviour Support and Behavioural Communication
- Safeguarding Adults
- Safe Medicine Handling and Administration (1 day)
- Presentation Skills
- Supervision and Appraisal Training (1 day)

Health and Social Care Courses

- Acquired Brain Injuries Awareness Training
- Confidentiality and Handling Information
- Dementia Training
- Duty of Care
- Diabetes Training
- Epilepsy Awareness Training (Half Day Training)

- Epilepsy Awareness and Buccal Midazolam Administration (Full Day Training)
 - Korsakoff Dementia
 - Managing Conflict and Aggression De-escalation
 - Mental Capacity Act 2005 and Deprivation of Liberty Safeguards/Liberty Protection Safeguards (MCA Dols/LPS)
 - Nutrition and Hydration
 - Positive Behaviour Support Awareness
 - Positive Behavioural Support and Behavioural Communication
 - Record Keeping and Communication Skills
 - Safeguarding Children and Adults
 - Safe Medicine Handling and Administration
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- Individual Care Certificate Standards (each Standard is available at both Introduction and Awareness Level):
 1. Understand your role
 2. Your personal development
 3. Duty of care
 4. Equality and diversity
 5. Work in a person-centred way
 6. Communication
 7. Privacy and dignity
 8. Fluids and nutrition
 9. Awareness of mental health, dementia and learning disabilities
 10. Safeguarding adults
 11. Safeguarding children
 12. Basic life support
 13. Health and safety
 14. Handling information
 15. Infection prevention and control

- The full Care Certificate Programme is also available (5 Days)
- Knowledge Workbook Assessment
- Care Certificate Competency Assessment (1.5 hour- Minimum numbers required for same day service delivery, contact us for details)

First Aid Training Courses

- Basic Life Support and Automated External Defibrillator Training (half day)
- Emergency First Aid at Work (EFAW) (1 day)
- First Aid at Work (FAW) (3 day)

Health and Safety Training Courses

- All Safe Health and Safety Training (Full Day including Risk Assessment, Fire Awareness, Infection Prevention & Control and Manual Handling of Objects Training)
- Advanced Moving and Handling of Objects and People for Dignified Single Handed Care (*2 days. Please contact us for more information as this course requires specific equipment to be in place.*)
- Control of Substances Hazardous to Health (COSHH) Training
- Fire Awareness Training (half day)
- Infection Prevention and Control Training
- Lone Worker Training
- Moving and Handling of Objects (half day)
- Moving and Handling of Objects and People for dual care (1 day)
- Risk Assessment Training
- Stress Awareness

Leadership and Management Training Courses

- Appraisal Training

- Care Certificate- Conducting Managerial Assessments (full day)
- Person Centred Planning
- Person Centred Risk Assessment
- Presentation Skills
- Presentation Skills (advanced- 2 & 3 day training programmes available)
- Supervision Training
- Supervision and Appraisal Training (full day)

Our Externally Accredited Training Courses



Our Most Popular Externally Accredited (VTQ) Courses

- CPR/BLS and AED Level 2
- Control of Substances Hazardous to Health - COSHH Level 2
- Diabetes Awareness Level 2
- Data Protection and GDPR Level 2
- Emergency First Aid at Work Level 3
- Epilepsy and the Administration of Buccal Midazolam
- First Aid for Schools Level 2
- Health and Safety in the Workplace Level 2
- Lone Workers Level 2
- Managing Behaviour that Challenges
- Medications Awareness Level 2
- Mental Health in the Workplace Level 2

- Moving and Assisting People Level 2
- Risk Assessment Level 2
- Safeguarding of Children and Adults Level 3

Health and Social Care Externally Accredited (VTQ) Courses

- Diabetes Awareness (VTQ)
- Epilepsy Awareness (VTQ)
- Epilepsy Awareness and Administration of Buccal Midazolam (VTQ)
- Managing behaviour that Challenges (VTQ)
- Medications Awareness Level 2 (VTQ)
- Mental Health in the Workplace Level 2 & Level 3 (VTQ)
- Moving and Assisting of People Level 2 (VTQ)
- Safeguarding of Children (Child Protection) Level 2 (VTQ)
- Safeguarding of Children and Adults Level 3 (VTQ)
- Safeguarding of Vulnerable Adults (SOVA) Level 2 (VTQ)

First Aid Externally Accredited (VTQ) Courses

- Appointed Persons in the Workplace (for Appointed Workplace First Aiders) Level 2 (VTQ)
- CPR/BLS and AED Level 2
- Community First Aid Level 2 (VTQ)
- Emergency First Aid at Work 6 Hour Level 3 (VTQ)
- Emergency Paediatric 6 Hour Child /Infant First Aid Level 3 (VTQ)
- First Aid for Schools Level 2 (VTQ)
- Paediatric Basic Life Support (BLS)

Health and Safety Externally Accredited (VTQ) Courses

- Control of Substances Hazardous to Health - COSHH Level 2 (VTQ)
- DSE/VDU Operator Safety Level 2 (VTQ)

- Fire Safety Awareness Level 1 (VTQ)
- Fire Safety Principles Level 2 for Fire Warden/Fire Marshals (VTQ)
- Health and Safety in the Workplace Level 1 & 2 (VTQ)
- Lone Workers Level 2 (VTQ)
- Mental Health in the Workplace Level 1, 2 & 3 (VTQ)
- Moving and Assisting of People Level 2 (VTQ)
- Risk Assessment Level 2 (VTQ)
- Safe Moving and Handling Objects Level 2 (VTQ)
- Slips, Trips and Falls Level 2 (VTQ)
- Slips, Trips and Falls in Construction Level 2 (VTQ)

Nationally Accredited Ofqual Regulated (RQF) Qualifications

Our **RQF** Qualifications listed below are also available to view on The Register of Ofqual Regulated National Qualifications. You can check them out at <https://register.ofqual.gov.uk/>

- TQUK Level 1 Award in Principles of Health and Safety in the Workplace (RQF)
- TQUK Level 2 Award in COSHH Risk Assessment (RQF)
- TQUK Level 2 Award in Cardiopulmonary Resuscitation and Automated External Defibrillation (RQF)
- TQUK Level 2 Award in First Aid for Sport (RQF)
- TQUK Level 2 Award in Moving People Safely (RQF)
- TQUK Level 2 Award in Risk Assessment (RQF)
- TQUK Level 3 Award in Emergency First Aid at Work (RQF)
- TQUK Level 3 Award in First Aid at Work (RQF)
- TQUK Level 3 Award in Emergency Paediatric First Aid (RQF)
- TQUK Level 3 Award in Paediatric First Aid (RQF)

Blended Learning Courses Available

Aintree Training can also offer a range of Blended Learning Courses. These require each attendee complete an eLearning course followed by attending a face-to-face site based practical training and skills session. Get in touch with us for more information on sourcing this delivery method.

- Appointed Persons in the Workplace (for Appointed Workplace First Aiders) Level 2 (VTQ) by Blended Learning
- CPR/BLS and AED Level 2 by Blended Learning
- Dental Basic Life Support (BLS) Level 2 (VTQ) – by Blended Learning
- EFAW-F for Forestry Level 3 (VTQ) by Blended Learning
- Emergency First Aid at Work Level 3 (VTQ) by Blended Learning
- Equestrian First Aid at Work Level 3 (VTQ) by Blended Learning
- FAW-F for Forestry Level 3 (VTQ) by Blended Learning
- First Aid at Work Level 3 (VTQ) by Blended Learning
- Outdoor Pursuits 16 Hour First Aid Level 3 (VTQ) by Blended Learning
- Paediatric 1 day First Aid for Nannies and Au Pairs by Blended Learning
- Sports First Aid Level 2 by Blended Learning
- TQUK Level 2 Award in Cardiopulmonary Resuscitation and Automated External Defibrillation (RQF) by Blended Learning
- TQUK Level 2 Award in First Aid for Sport (RQF) by Blended Learning
- TQUK Level 3 Award in Emergency First Aid at Work (RQF) - by Blended Learning
- TQUK Level 3 Award in First Aid at Work (RQF) by Blended Learning
- TQUK Level 3 Award in Paediatric First Aid (RQF) by Blended Learning